

**INSTRUCTIONS:** look through all the observations below and answer how you and your team should respond to take back the control of the game. There is no one right answer and there could be a variety of ways you respond depending on the scenario you imagine or the playing position you may be viewing from. Answer a minimum of 15 (all if you can) and your answers will be discussed during the first 4 weeks.

| No. | Observation   | Your response (what's the solution and how do you do it) |
|-----|---|--|
| 1   | Opposing team always pass the ball of the court down left hand side, following the same successful pattern. |  |
| 2   | They always do overheads into the circle  |  |
| 3   | They always pass to GA at centre passes   |  |
| 4   | The defence always double mark GS   |  |
| 5   | Defence team use centre too much  |  |
| 6   | The shooter brings ball back over her head before shooting  |  |
| 7   | Opponents only have 6 in team – drop WD   |  |
| 8   | A team player keeps getting pulled for distance (not always the case) what do you do or advice?             |  |
| 9   | At centre pass, opposition tightly marks the attackers.   |  |
| 10  | GA is blocked out of circle by GD & C   |  |

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|----|---|--|
| 11 | Their strong defence intercept all straight passes into circle  |  |
| 12 | Their tall GS successfully asks for an overhead every time and stands out as their best shooter   |  |
| 13 | Opponents timing is good and after intercepting, travels the ball fast back to their attacking third  |  |
| 14 | They mark man-2-man very tightly. How can you get free as individuals? As a team?   |  |
| 15 | The defence are very good at zoning in our attacking circle, what can you do to take control back?  |  |
| 16 | The umpire is calling 'held ball' too often, what could be going wrong and how can we release it quicker as a team?   |  |
| 17 | Your opponent strolls back to the transvers line after a goal is scored with no plan in mind, what can you do to either prevent her from offering or guarantee your team a successful first pass? (relate to your position) |  |
| 18 | GS/GK –stray balls from attempted interceptions have travelled towards your area, how do you ensure you are the one to retrieve it without interrupting your own game plan?   |  |
| 19 | The defence are very keen on intercepting direct passes. What type of pass can you do to get round this? And how do you ensure your unit players know your intentions?  |  |
| 20 | We are struggling at a throw-in as no one is getting free, what do you do or advice your team? (choose your own scenario of why this is happening and how you can combat it.)   |  |

**Bring your sheets with you to each training week so we can discuss any you feel out team should discuss to improve our communication and ability levels to turn a game around, as a team effort.**